

LibraCare

Because we care!

Leaders at the heart of
Complex behaviour
support!

We offer trauma informed
care, individualized, holistic
and compassionate care.

We acknowledge Aboriginal
and Torres Strait Islanders as
Australia's First Peoples
and as the traditional owners
and custodians of the land
on which we work. We
pledge to provide inclusive
and non-discriminatory
services.



C+

PHONE NUMBER

0480296225

E-MAIL

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Find NDI Services that suit your Needs

We start with a free consultation:

Our qualified clinicians or support team will help you figure out your needs and objectives and we'll formulate the best approach and layout your options



FORENSIC DISABILITY

We work with people with cognitive impairment, focusing on abilities and support needs, and supporting their treatment to help them remain connected with specialist services, to reduce the likelihood to reoffending and improve their quality of life. We can provide support and treatment through the following services

MENTAL HEALTH AND DISABILITIES

Often people who suffer from one or more disorders are left between specialist services but yet without a dedicated support service.

We recognize that it is generally not the disability that prevents people from taking on new challenges or living more independently but rather restrictions in the

HERE ARE SOME OF THE ASPECTS WE FOCUS ON

- SUCCESSFULLY LIVING AT HOME INDEPENDENTLY
- SKILLS BUILDING TO MANAGE YOUR MONEY
- TRAVEL TRAINING TO GAIN CONFIDENCE AND INDEPENDENCE
- CV PREPARATION, JOB SEARCHES AND ROLE PAY FOR INTERVIEWS
- LEARNING TO STAY HEALTHY AND EXERCISING
- SUPPORT WITH MEDICATION AND HEALTH APPOINTMENTS
- DISCOVERING NEW HOBBIES, GETTING OUT AND HAVING FUN!
- ACCESSING VOCATIONAL TRAINING AND WORK EXPERIENCE
- MANAGING CORRESPONDENCE AND BILLS
- WORKING TOWARDS INDEPENDENCE WITH PERSONAL CARE TASKS
- BUILDING SOCIAL SKILLS USED TO DEVELOP FRIENDSHIPS

Residential support- residential support cold

be provided in their own homes or we provide individualised accommodation single or group homes. Z Community-based assessment and treatment services Z Community **Forensic Disability Mental Health** case management – we will allocate a mental nurse to work with an individual in the long term, to provide a psychosocial support, assist to remain connected to treatment services.

community surrounding them. We design our support packages on personalities, likes, dislikes, goals and ambitions focusing on what people can do rather than potential obstacles.



Our success is based on the ability to work creatively to find solutions to any challenges that arise. An important part of this is assisting friends and relatives who care for people with mental illness and disabilities, to ensure that they too maintain their quality of life

We promote positive behaviours applying the PROACT-SCIPr-UK® model, a holistic approach that is based on positive behaviour support. Positive behaviour support is a key part of the person-centred care we provide. The model aims to improve quality of life for both service users and their families by helping to reduce social barriers, enabling individuals to lead a more active and fulfilling life.

MENTAL HEALTH AND DISABILITIES

We believe children, young people and adults with a disability and/or autism who display behaviour that challenges, including those with a mental health condition have the right to

the same opportunities as anyone else to live satisfying and valued lives and, to be treated with the same dignity and respect.

They should have a home within their community, be able to develop and maintain relationships and get the support they need to live a healthy, safe and fulfilling life.

SUPPORTED LIVING

SHARED ACCOMMODATION

Through our shared accommodation services, we provide a communal living solution that ideally suits two to four people. Housemates are appropriately and meticulously selected, to create a harmonious environment and promote positive relationships and interactions.



WHAT'S INCLUDED?

We offer a fun and inclusive environment, where you can try new activities, make friends all in a safe and supported environment. 24/7 hours staffed, fully furnished, self-contained, accessible house. All meals provided throughout the day, including breakfast, lunch, dinner morning and afternoon tea. Fun activities including lunches; concerts; football; fetes. Personal care and support throughout the day and night. Amazing meals with the 'Cooking up a storm' program. A secure and vibrant community where all of our residents' needs are met each day.

INDIVIDUAL ACCOMMODATION

Homes are fully equipped with the latest appliances and technology to enable optimum self-sufficiency. It is imperative to us that residents have access to transport and amenities, promoting independence and community interaction.

RESPITE ACCOMMODATION AND SUPPORT

We are available to offer a respite (break) to families providing 24hr care to loved ones, we can provide support for a specific period for you to go shopping, over weekends or for the much-needed overseas travel. Leave either independently supported accommodation, learning new skills, for young persons or adults. We offer a respite program.

that provides short term accommodation in a comfortable and relaxed environment where your loved one will be well supported. Our welcoming respite short stay accommodation centres are comfortable stays for people with a disability for a weekend or a few weeks. Please contact us to arrange a booking as places go fast.

MENTAL HEALTH CASE MANAGEMENT

We offer a fun and inclusive environment, where you can try new activities, make friends all in a safe and supported environment. 24/7 hours staffed, fully furnished, self-contained, accessible house All meals provided throughout the day, including breakfast, lunch, dinner morning and afternoon tea Fun activities including lunches; concerts; football; fetes Personal care and support throughout the day and night Amazing meals with the 'Cooking up a storm program' A secure and vibrant community where all of our residents' needs are met each day.



WHAT WE DO?

- Case management approach
- avoiding barriers which may hinder full and effective participation in society on an equal basis with others
- Assist with linkages with services
- Psychiatrist referrals
- Psychologist appointments
- Social work appointments

In Home Care/ Nursing

How can we help you remain at home: We want to support you to Live well in your own home, by delivering personal support and assistance while in your own homes. We care about who you are. Most people discover our home care service because friends and health professionals have recommended us.



Here Are Services We Provide

General home care service we offer the highest quality personal care and support at home. We aim to facilitate our clients remaining in their own homes with dignity, independence and control over their lives 24 hours a day, 365 days a year.

Companionship and socialising

Preparing meals and support with eating

Shopping, collecting pensions medications and similar chores

Support with a handyman, driver, gardener

Care (showering, toileting) on a day-to-day basis like assistance with health care and hygiene.

Please contact us to discuss your needs.

- Washing, bathing, dressing and undressing
- Managing continence
- Light household cleaning
- Assisting with washing, ironing, laundry and linen
- Going on outings and assisting with community based activities
- Post-hospital care- our home nurses can provide you with the care you need to stay well or to recover after a hospital stay or procedure.

We believe that care is about much more than support!

Our Tailored Support, Is A Life Changing Difference

Our Mission is to support individuals to leave a meaningful life outside of symptoms., because we care!

Our Vision is to provide unbonded support and care.

Our Values are at the heart of our mission to provide best possible care & support are our 4 Values/principles.

- Unbounded care and support
- Enhancing abilities
- Inclusive
- Naturing





Our Staff

Our staff are handpicked, experienced in providing individualised and unbonded care. Our staff are trained with a deeper understanding of trauma informed care. We believe in a shared goal to build hope, trust, independence and continuous recovery.

Contact us for a Free and no obligation discussion and consultation.

To speak with a member of our care management team who can answer any questions you have and talk you through the options available for the care services we offer.

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